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ICAR- Central Institute for Arid Horticulture



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Sri Ganganagar Highway, Beechwal Industrial Area P.O., Bikaner-334006, INDIA

Yoga for healthy and Prosperous life: One day Seminar

A one day seminar on " Yoga for healthy and Prosperous life" was jointly organized by ICAR-Central Institute for Arid Horticulture, Bikaner and Devendra Yoga Sansthan, Bhinnasar (Bikaner) at ICAR-CIAH campus, Bikaner on 21.06.2018. On this occasion Sri Arjun Ram Meghwal, Hon'ble Minister of state for Water Resources, River Development Ganga Rejuvenation and Parliamentary Affairs, Govt of India, and Prof. B.R. Chhipa, Hon'ble vice-chancellor, SKRAU Bikaner, Dr. Jayprakash Rajpurohit and Shri Kanhaiyalal Sethiya were the Hon'ble guests. Approximately 350 members including staff members of all ICAR institutes situated in Bikaner along with staff members of SKRAU Bikaner, students from Devendra Yoga Sansthan, Bhinnasar (Bikaner), staff from Indian Post, Directorate of Defence Estate and Banks like SBI, BOB, Cannara and approximately 50 progressive farmers have attended the Seminar. First of all Prof. P. L. Saroj, Director, ICAR-CIAH Bikaner welcomed the guests and delivered the welcome address. Dr. Jayprakash Rajpurohit made a presentation on "Yoga for healthy and Prosperous life" and he talked on principles, types and importance of Yoga in healthy and prosperous life. While in his address, Sri Arjun Ram Meghwal has recalled the efforts made by our Hon'ble Prime Minister Sri Narendra Modi on Declaration of International Yoga day By UN General Assembly and also emphasized how we can live a healthy and prosperous life by adopting Yoga in our routine life and also emphasized about power yoga. Prof. B.R. Chhipa stated about "Karm Yoga" and Vasudhev Kutumkam philosophy. On this occasion Chief Guest Sri Arjun Ram Meghwal distributed Participation Certificate to different Institutes for Participating in International Yoga Day Celebration at Polytechnic College Bikaner on 21.06.2018 during 6.00 to 8.00 am and also distributed "Appreciation Certificates " to the students of Devendra Yoga Sansthan. Dr. R.S. Singh, Principal Scientist ICAR-CIAH, Bikaner, Proposed Vote of Thanks.

(P.L. Saroj)
Director